

It's an Emergency!

Keep posted near all telephones in your home.

SAMU: 15 Medical emergency/accidents/ambulance

Pompier: 18 Fire department-

- are trained to deal with medical emergencies and are generally the fastest to the scene
- will also coordinate with all other emergency services, if additional services are needed, the pompier will call SAMU

Police: 17

All emergencies from a mobile phone: 112 This is the European-wide emergency number, which can be called in any emergency from your mobile phone. As it's a Europe-wide number, you can also ask to be connected to an English-speaking operator.

Poison Control of Strasbourg: 03.88.37.37.37

What to say:

Vite s'il vous plait, c'est urgent.

Je suis americain, je ne parle francais.

Mon adresse est _____

Mon nom est _____

Mon etage est le _____

Mon code est: (for parking gate or apartment building) _____

Mon numéro de telephone est: _____

***Do not hang up the phone until you are instructed to do so.**

Common medical emergency vocabulary

To call for help under any circumstances is:

Au secours!

Ambulance: une ambulance

J'ai besoin d'une ambulance.

Heart attack: une crise cardiaque

Mon mari fait une crise cardiaque.

Stroke: une attaque cérébrale

Je pense que ma femme a souffert une attaque cérébrale.

Choke (as in something stuck): s'étouffer

Mon bébé s'étouffe.

Difficulty breathing/gasping: haleter

J'halète.

To bleed: saigner

Je saigne beaucoup.

A hemorrhage: une hémorragie

Mon mari fait une hémorragie.

Concussion: une commotion cérébrale

Mon enfant est tombé. A-t-il une commotion cérébrale?

Diabetic: diabétique

Je suis diabétique. J'ai besoin d'insuline.

Labor: accouchement/accoucher

Ma femme accouche; la poche des eaux a percé. (Her water has broken.) Le bébé arrive.

To be poisoned: s'empoisonner

Mon enfant s'est empoisonné

Wallet and Glove box Personal Emergency Information

Au Secours (In Case of Emergency):
SAMU: 15 Police: 17
Calling from a mobile phone: 112

Nom: _____
Prenom: _____
Address: _____

Mari: _____

Mari mobile: _____

Je suis allergique à _____.
J'ai ___ ans, ___ kilograms.

If you take prescription medications, please add a list of the names, dosages, and frequency to the back of your Emergency Card.

[Laminate or cover with transparent shelf liner plastic. Keep one in your wallet in an conspicuous place and one taped to the inside of the glove box of your vehicle.]